

4KM QUANTUM KLIROU ATOVRISI 2018

Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	334	VITALY DUDOV	00:14:25.16		Runner		3:36/K	16.6kph	1	34	
2.	317	CHRISTOPHER BOAST	00:14:40.18		Runner	Limassol Lizards Running Team, CYP	3:40/K	16.4kph	2	31	
3.	343	ARTUR GUMEROV	00:16:10.26		Runner		4:03/K	14.8kph	3	29	

Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	321	ELPIDA CHRISTODOULIDOU	00:16:13.17		Runner	DROMEIA RACING, CYP	4:03/K	14.8kph	5	31	
2.	337	ALICIA FINNIS	00:17:53.97		Runner		4:28/K	13.4kph	12	13	
3.	318	NATALIA CHARALAMBOUS	00:17:56.61		Runner	DROMEIA RACING, CYP	4:29/K	13.4kph	13	38	

Male 19 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	386	MARIOS PANAYI	00:16:21.40		Runner	EY ZIN, CYP	4:05/K	14.7kph	6	24	
2.	375	CHRISTOS MENELAOU	00:16:26.16		Runner	Omonoia Runners, CYP	4:06/K	14.6kph	7	23	
3.	398	GEORGE PHILIPPOU	00:18:27.66		Runner	DROMEIA RACING, CYP	4:37/K	13.0kph	15	23	
4.	309	NEOFYTOS ANTONIOU	00:18:30.68		Runner	EY ZIN, CYP	4:38/K	13.0kph	16	23	
5.	442	IOANNIS LARENTZAKIS	00:19:26.42		Runner		4:51/K	12.3kph	21	25	
6.	436	ANTONIS IOSIF	00:20:07.89		Runner		5:02/K	11.9kph	29	25	
7.	435	NIKOLAS NIKOLAOU	00:20:23.89		Runner		5:06/K	11.8kph	33	26	
8.	444	ANTONIS TSIATALOS	00:21:48.88		Runner		5:27/K	11.0kph	47	23	
9.	438	NIKOLAS PROKOPIOU	00:22:10.87		Runner		5:33/K	10.8kph	50	25	
10.	437	CHRISTOS STYLIANOU	00:23:09.75		Runner		5:47/K	10.4kph	57	26	
11.	385	ANTONIS PANAGI	00:23:54.62		Runner		5:58/K	10.0kph	63	29	
12.	443	ANTONIS IORDANOV	00:41:11.76		Runner		10:18/K	5.8kph	119	23	

Female 19 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	391	PANAYIOTA PAPAKYRIACOU	00:19:48.14		Runner		4:57/K	12.1kph	27	28	
2.	335	EVANGELIA FELLA	00:20:01.39		Runner	DROMEIA RACING, CYP	5:00/K	12.0kph	28	28	
3.	387	MARIA PANAYIOTOU	00:21:22.14		Runner	APOEL, CYP	5:21/K	11.2kph	43	27	
4.	369	VALERIA MAKARYCHEVA	00:24:42.86		Runner		6:10/K	9.7kph	73	26	
5.	362	CHRISTINA KYRIAKOU	00:25:04.10		Runner		6:16/K	9.6kph	77	28	
6.	402	TATIANA ROZHKO	00:25:55.44		Runner		6:29/K	9.3kph	84	28	
7.	421	SARAH WEIGLHOFER	00:28:01.85		Runner		7:00/K	8.6kph	96	21	
8.	422	ESRA YESILADA	00:28:50.84		Runner		7:12/K	8.3kph	102	25	
9.	380	MARIA MYLONA	00:34:12.81		Runner		8:33/K	7.0kph	115	23	

4KM QUANTUM KLIROU ATOVRISI 2018

Male 30 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	399	NIKOLAOS PLAKIAS	00:16:41.17		Runner	SKA METEORON SD TRIKALON, CYP	4:10/K	14.4kph	9	31	
2.	383	OZGU OZYIGIT	00:16:44.42		Runner		4:11/K	14.3kph	10	34	
3.	389	CHRISTODOULOS PAPAEFTYCHIOU	00:19:02.16		Runner	APOEL, CYP	4:45/K	12.6kph	19	39	
4.	307	MICHAEL ANATOLITIS	00:20:13.83		Runner	APOEL, CYP	5:03/K	11.9kph	31	37	
5.	324	THEOFILOS CHRYSTOSTOMOU	00:20:25.91		Runner	Alone Runner, CYP	5:06/K	11.8kph	34	34	
6.	308	NIKOS ANTONIOU	00:20:33.14		Runner	DROMEIA RACING, CYP	5:08/K	11.7kph	36	30	
7.	367	EVROS LOIZIDIS	00:20:38.14		Runner	Periklis demetriou, CYP	5:09/K	11.6kph	37	38	
8.	339	ALEXANDER GEORGIOU	00:21:37.88		Runner		5:24/K	11.1kph	45	34	
9.	392	STEPHANOS PAPAYIANNIS	00:22:02.63		Runner		5:30/K	10.9kph	48	30	
10.	388	MICHALIS PAPACOSTAS	00:22:27.62		Runner		5:37/K	10.7kph	53	35	
11.	396	PERICLES PERICLEOUS	00:22:29.88		Runner	APOEL, CYP	5:37/K	10.7kph	54	39	
12.	303	GIANNIS ALETRARIS	00:22:44.88		Runner	SDYK, CYP	5:41/K	10.6kph	55	39	
13.	355	GIANNIS KATSATOS	00:24:04.12		Runner		6:01/K	10.0kph	64	38	
14.	411	CHARIS THEOCLEOUS	00:24:49.42		Runner		6:12/K	9.7kph	76	35	
15.	325	CONSTANTINOS CONSTANTINIDES	00:25:30.36		Runner	APOEL, CYP	6:22/K	9.4kph	80	39	
16.	310	GEORGE ARESTI	00:25:42.13		Runner		6:26/K	9.3kph	82	32	
17.	371	ANDREAS MARKOU	00:25:42.86		Runner	Athalassa Park Runners, CYP	6:26/K	9.3kph	83	39	
18.	315	MAMAS NIKODEMOU	00:28:38.08		Runner		7:09/K	8.4kph	99	30	
19.	440	CHRISTOS YERASIMOU	00:28:42.61		Runner		7:10/K	8.4kph	101	35	
20.	405	MICHALIS SIEKKERIS	00:29:02.83		Runner		7:15/K	8.3kph	103	39	
21.	429	STAVROS KYRIAKIDES	00:29:24.08		Runner		7:21/K	8.2kph	105	38	
22.	352	CHRISTOS KASSIANOS	00:31:09.86		Runner	Athalassa Park Runners, CYP	7:47/K	7.7kph	110	39	
23.	428	MARIOS DEMETRIADES	00:32:52.32		Runner		8:13/K	7.3kph	111	38	

Female 30 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	358	ANDRIANA KOUMBARI	00:19:35.15		Runner	Limassol Lizards Running Team, CYP	4:54/K	12.3kph	24	38	
2.	439	SOPHIE KYRIAKOU	00:20:11.89		Runner		5:03/K	11.9kph	30	39	
3.	302	NASSO AGAPIOU	00:20:18.66		Runner	DROMEIA RACING, CYP	5:04/K	11.8kph	32	37	
4.	420	XENIA VILANIDOU	00:21:09.13		Runner	DROMEIA RACING, CYP	5:17/K	11.3kph	39	38	
5.	427	DORIS MYRIANTHEA	00:21:13.64		Runner	DROMEIA RACING, CYP	5:18/K	11.3kph	41	35	
6.	313	LIANA ASTREOU	00:21:38.66		Runner	DROMEIA RACING, CYP	5:24/K	11.1kph	46	30	

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7.	412	ANNE MARIE THEODOROU PERRIER	00:23:41.37		Runner		5:55/K	10.1kph	61	39
8.	319	CHRISTIANA CHARALAMBOUS	00:24:49.12		Runner		6:12/K	9.7kph	75	30
9.	312	ELENA ARISTODIMOU	00:25:08.11		Runner		6:17/K	9.5kph	78	39
10.	409	ADRIANA TACHE	00:25:59.11		Runner		6:30/K	9.2kph	85	36
11.	376	NICOLETTA MICHAEL	00:26:16.11		Runner	DROMEIA RACING, CYP	6:34/K	9.1kph	86	37
12.	394	YIOTA PARPARINOY	00:27:01.86		Runner		6:45/K	8.9kph	90	33
13.	327	MARILENA CONSTANTINOY	00:27:57.09		Runner		6:59/K	8.6kph	95	33
14.	434	DESPINA MILTADOY	00:28:15.09		Runner	EY ZHN, CYP	7:04/K	8.5kph	97	33
15.	338	MARIA GEORGIYOY	00:30:36.83		Runner	DROMEIA RACING, CYP	7:39/K	7.8kph	107	32
16.	329	DAPHNIE DEMETRIOY	00:31:08.35		Runner	Athalassa Park Runners, CYP	7:47/K	7.7kph	109	36
17.	374	AFRODITI MAYROUDI	00:32:57.30		Runner		8:14/K	7.3kph	112	38
18.	365	SOFIA LESTA	00:34:11.05		Runner		8:33/K	7.0kph	114	38
19.	441	ANNA CHARALAMBOUS	00:34:16.05		Runner		8:34/K	7.0kph	116	37
20.	407	MARIA STAVROY	032:07:43.96		Runner		481:56/ K	0.1kph	126	38

Female 40 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	336	CATHERINE FINNIS	00:20:51.38		Runner		5:13/K	11.5kph	38	44	
2.	366	MARIA LOGGINOY	00:23:13.87		Runner	DROMEIA RACING, CYP	5:48/K	10.3kph	58	44	
3.	377	MARINA MICHAEL	00:23:16.12		Runner		5:49/K	10.3kph	59	41	
4.	347	MARIA IOANNOY	00:23:44.89		Runner	EY ZIN, CYP	5:56/K	10.1kph	62	48	
5.	416	POPI TZIAPOURA	00:24:11.16		Runner	DROMEIA RACING, CYP	6:03/K	9.9kph	66	44	
6.	357	LOUKIA KOMBOY	00:24:48.62		Runner	DROMEIA RACING, CYP	6:12/K	9.7kph	74	46	
7.	379	MICHAELINA MICHAEL	00:26:46.35		Runner	DROMEIA RACING, CYP	6:42/K	9.0kph	88	45	
8.	331	PANAGIOTA DEMETRIOY	00:27:35.11		Runner		6:54/K	8.7kph	94	42	
9.	381	MARIA NIKANDROY	00:30:01.58		Runner		7:30/K	8.0kph	106	42	
10.	353	ELIZABETH KASSINIS	00:32:57.61		Runner		8:14/K	7.3kph	113	48	
11.	415	ANNA TSIEFTE KAZAKEIOY	00:39:56.00		Runner	Atheati Anapiria, CYP	9:59/K	6.0kph	118	49	
12.	404	KATERINA SAVVIDOY	00:43:47.24		Runner	DROMEIA RACING, CYP	10:57/K	5.5kph	122	46	
13.	403	ELENA SAVA	00:51:35.46		Runner		12:54/K	4.7kph	124	41	

Male 40 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	410	ANDREAS THEMISTOKLEOY	00:16:11.63		Runner	APOEL, CYP	4:03/K	14.8kph	4	41	
2.	433	ANDROS HADJISTEFANOY	00:17:40.91		Runner	EY ZHN, CYP	4:25/K	13.6kph	11	45	

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3.	417	LOUIS VALIANTIS	00:18:00.91	Runner	APOEL, CYP	4:30/K	13.3kph	14	47
4.	408	STELIOS STYLIANOU	00:18:43.91	Runner	APOEL, CYP	4:41/K	12.8kph	17	43
5.	351	THEMIS KALOGERIS	00:19:24.90	Runner	APOEL, CYP	4:51/K	12.4kph	20	45
6.	356	DEMETRIS KITROU	00:19:31.39	Runner		4:53/K	12.3kph	22	44
7.	423	GIORGOS ZENIOU	00:19:32.16	Runner	Omonoia Runners, CYP	4:53/K	12.3kph	23	49
8.	372	DANIEL MAVRIS	00:22:07.39	Runner	DROMEIA RACING, CYP	5:32/K	10.9kph	49	49
9.	323	STELIOS CHRISTOFOROU	00:23:07.62	Runner		5:47/K	10.4kph	56	43
10.	306	ANDREAS ANATOLITIS	00:23:31.12	Runner	APOEL, CYP	5:53/K	10.2kph	60	41
11.	341	GEORGE GEORGIOU	00:24:11.40	Runner		6:03/K	9.9kph	67	45
12.	400	MICHALIS POUROS	00:24:18.87	Runner	Omonoia Runners, CYP	6:04/K	9.9kph	68	44
13.	344	NEOFITOS HADJIOANNOU	00:24:25.62	Runner	DROMEIA RACING, CYP	6:06/K	9.8kph	69	40
14.	300	NASOS KTORIDES	00:24:30.87	Runner	Athalassa Park Runners, CYP	6:08/K	9.8kph	70	49
15.	320	NICHOLAS CHARALAMBOUS	00:24:31.40	Runner	DROMEIA RACING, CYP	6:08/K	9.8kph	71	42
16.	397	YIANNIS PETROU	00:24:41.36	Runner		6:10/K	9.7kph	72	47
17.	326	SOFOCLIS CONSTANTINO	00:25:34.85	Runner		6:24/K	9.4kph	81	48
18.	346	CHARA HERACLEOUS	00:26:40.85	Runner		6:40/K	9kph	87	42
19.	378	MICHALIS MICHAEL	00:28:27.35	Runner	Athalassa Park Runners, CYP	7:07/K	8.4kph	98	40
20.	382	NIKANDROS NIKANDROU	00:30:48.81	Runner		7:42/K	7.8kph	108	46
21.	359	MAKIS KOUNNIDES	00:36:02.04	Runner	DROMEIA RACING, CYP	9:00/K	6.7kph	117	44
22.	342	GIORGOS GEORGIOU	00:51:35.18	Runner		12:54/K	4.7kph	123	49

Female 50 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	430	STELLA ANTONIOU	00:27:13.10		Runner	EY ZHN, CYP	6:48/K	8.8kph	92	52	
2.	333	KATHLEEN DOHERTY	00:28:42.33		Runner		7:10/K	8.4kph	100	55	
3.	330	DEMETRA DEMETRIOU	00:43:47.24		Runner	DROMEIA RACING, CYP	10:57/K	5.5kph	121	51	

Male 50 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	445	SOKRATIS SOKRATOUS	00:18:59.91		Runner	PERIKLIS DEMETRIOU, CYP	4:45/K	12.6kph	18	51	
2.	348	GIANNAKIS IOANNOU	00:19:42.40		Runner	EY ZIN, CYP	4:56/K	12.2kph	25	51	
3.	349	GIANNOS IOANNOU	00:19:42.65		Runner	EY ZIN, CYP	4:56/K	12.2kph	26	50	
4.	395	TASSOS PERICLEOUS	00:21:11.65		Runner		5:18/K	11.3kph	40	50	
5.	314	MICHALIS AVGOUSTI	00:26:46.85		Runner	MICA F.C., CYP	6:42/K	9.0kph	89	53	
6.	328	GIANNOS ANTONIOU	00:27:13.40		Runner	EY ZHN, CYP	6:48/K	8.8kph	93	55	

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7. 373 KYRIACOS MAVRIS 00:29:14.82 Runner DROMEA RACING, 7:18/K 8.2kph 104 52
CYP

Male 60+

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	414	ANGELOS TOUMAZOS	00:20:29.63		Runner		5:07/K	11.7kph	35	63	

Female 60+

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	393	MARLISE PAPOUTSAKI	00:27:05.35		Runner	Periklis demetriou, CYP	6:46/K	8.9kph	91	63	
2.	361	NIKI KYPRAGORA	00:41:33.01		Runner		10:23/K	5.8kph	120	62	